

## Volunteer Roles at C-U at Home

Explore meaningful ways to make a difference by volunteering with C-U at Home! Below are the opportunities available year-round and seasonally. Each role allows you to contribute your unique skills and compassion to support our mission.

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### Office Support (Year-Round)

**Description:**

Assist with essential administrative tasks, ensuring smooth daily operations at our office. Responsibilities include greeting visitors, answering phones, sorting mail, and other organizational tasks.

**Requirements:**

- Strong organizational skills.
- Friendly, welcoming attitude.
- Comfortable with basic phone and visitor interaction.

**Time Commitment:**

Flexible hours; volunteers sign up in advance for shifts.

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### Provide a Meal (Year-Round)

**Description:**

Prepare and deliver meals for our clients and join them for a shared meal, fostering a welcoming and community-oriented environment.

**Requirements:**

- Compassionate, open-hearted approach.
- Willingness to engage with clients during mealtime.

**Time Commitment:**

Sundays from 5 PM to 7 PM, with meal preparation time based on volunteer preference.

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### Clean-Up Days (Seasonal)

**Description:**

Get hands-on with seasonal projects such as yard work, painting, or small repairs at our facilities. This role is perfect for groups who want to give back together!

**Requirements:**

- Basic skills in painting, landscaping, or small repairs (preferred).
- Ability to work outdoors and perform physical tasks.

**Time Commitment:**

Flexible, based on project needs and seasonal schedules.

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## **Adopt a Home (Year-Round)**

### **Description:**

In groups, volunteers "adopt" one of our residences, taking on the responsibility for yard work, minor repairs, and general maintenance to create a welcoming space.

### **Requirements:**

- Basic skills in yard work, painting, or repairs.
- Commitment to ongoing maintenance of a designated home.

### **Time Commitment:**

Flexible, with a longer-term commitment to upkeep.

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## **Spiritual Mentorship Program (Year-Round)**

### **Description:**

Provide faith-based support to clients through regular one-on-one meetings, offering guidance, encouragement, and companionship.

### **Requirements:**

- Active church membership.
- Two personal references.
- Completion of a 4-hour mentorship training.

### **Time Commitment:**

Twice-monthly meetings with clients and monthly debrief meetings with mentors.

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## **Facilities Advisor (Year-Round)**

### **Description:**

Leverage your professional skills in plumbing, electrical work, HVAC, or related areas to support facility maintenance. Facilities Advisors offer advice and perform light repairs as needed.

### **Requirements:**

- Professional experience in relevant fields (e.g., plumbing, electrical, HVAC).
- Willingness to advise on maintenance projects.

### **Time Commitment:**

Flexible, based on project and advisory needs.

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## **Administrative Support (Off-Site)**

### **Description:**

Support administrative tasks remotely, such as writing thank-you notes or preparing documents.

### **Requirements:**

- Legible handwriting and reliability for completing assigned tasks.

### **Time Commitment:**

Flexible, allowing you to complete tasks from home at your convenience.

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## **Prayer Partner Program (Year-Round)**

### **Description:**

Dedicate yourself to regular prayers for C-U at Home's clients, staff, and mission, with monthly in-person gatherings to connect with other Prayer Partners.

### **Requirements:**

- Active church membership.
- Participation in orientation.

### **Time Commitment:**

Weekly personal prayer, plus monthly gatherings.

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## **Event Volunteers (As Scheduled)**

### **Description:**

Help plan and execute special events like "One Winter Night." Tasks include setup, participant guidance, managing booths, and cleanup.

### **Requirements:**

- Flexible and adaptable to varying event needs.
- Ability to lift or stand as required by the event.

### **Time Commitment:**

Dependent on event dates, with specific tasks and schedules communicated in advance.

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For any questions or to sign up for a volunteer role, please contact us [aleta@cuathome.us](mailto:aleta@cuathome.us).  
Join us in making a difference!